



I am a Confidant/ Supporter

What can you do if someone discloses sexual violence to you?

How you react when someone tells you about sexual violence is important and can have a big impact on the Survivor.

You can use this acronym to help you respond.

C A R E S

Confidentiality — It's important that you respect confidentiality. Don't share with friends, but talk to a College employee.

Avoid Questioning — Asking too many questions can be overwhelming, and may feel to the survivor that you don't believe them.

Respect their right to choose — Survivors have the right to choose what actions they will take next. It's important to respect their choices, even if they are not what you think would be best.

Empathy — Make sure the survivor knows you believe them, and reassure them that they are not to blame for what has happened to them.

Seek Support — Help the survivor to connect with a Sexual Violence Response Advisor (SVRA) who can help them to connect with other important services and plan out next steps. Finally, remember to take care of yourself. Supporting someone who has disclosed to you can be difficult; it's important to attend to your own needs as well.

George Brown College Supports Survivors

A Sexual Violence Response Advisor, as a member of the Anti-Racism, Equity & Human Rights Services office, can support survivors by helping them to connect with important services such as counselling, medical support, safety planning and academic or employment accommodations.

Survivors do not have to make a formal complaint in order to access support.

Other Resources

Public Safety & Security

416-415-5000, ext. 8000, 0 from a Cisco phone,
text: 416-723-4761

georgebrown.ca/publicsafety

SafeWalk

416-415-5000, ext. 2020

georgebrown.ca/current_students/safewalk

Counselling & Student Well-Being

416-415-5000 - St. James ext: 2107;
Waterfront ext. 5370; Casa Loma ext. 4585,
georgebrown.ca/current_students/counselling



SASV | SEXUAL
RESPONSE | ASSAULT
SEXUAL
VIOLENCE

CONSENT — GET IT!

Contact a Sexual Violence Response Advisor

Phone: 416-415-5000 ext 3450 Email: svra@georgebrown.ca

Office of Anti-Racism, Equity & Human Rights Services (OAREHRS) Locations

St. James Campus 200 King street E., Rm 126
Casa Loma Campus 160 Kendal Ave, Rm C221
Waterfront Campus 51 Dockside Drive, Rm 230

